

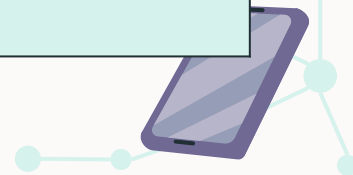
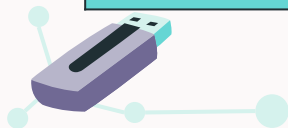
Beyond the Screen: A Workshop on Digital Parenthood

Empowering parents to use technology in a positive way with their children.



Contents of this Workshop

Introduction	Welcome! And Workshop Objectives.
Risks Online	Do you really know what your child sees online?
Digital Literacy	Teaching us all how to use the tools.
Essential Agreements	Understanding and consistency is KEY!
Parental Tools	What can YOU do?
Q&A	We can all learn from each other
Conclusion	BIG takeaways



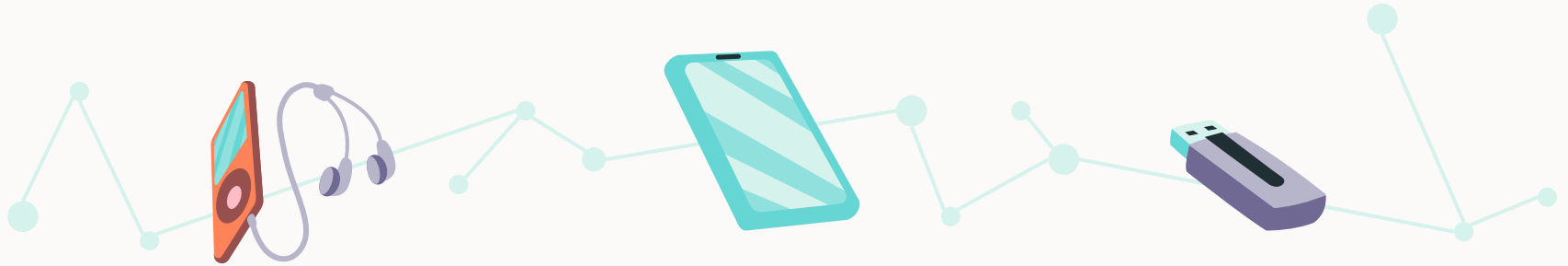
01

Introduction

Welcome! And Workshop Objectives.



Workshop Objectives?

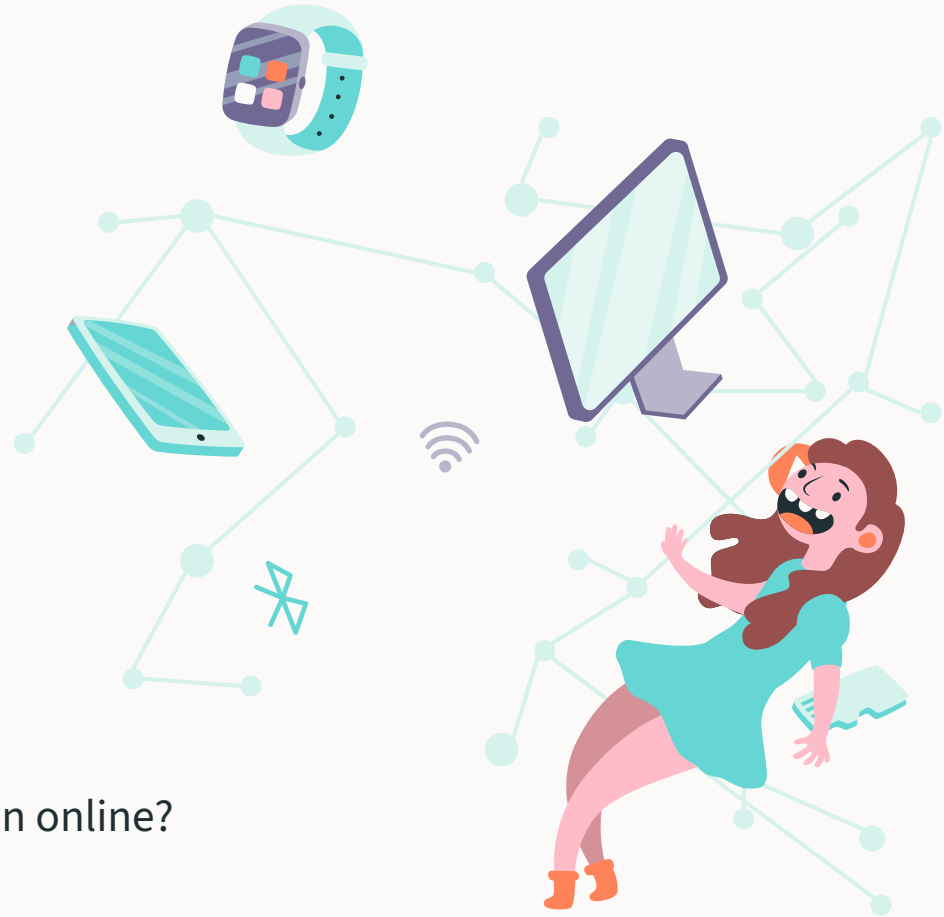


1. Deepen our understanding of online **Risks**.
2. Improving our **Digital Literacy** by learning Parental Tools and Controls you can use.
3. Strategies for setting Boundaries/**Essential Agreements**.
4. Share **Resources**.

02

Risks Online

Do you know what your children have seen online?



APPS AND THEIR AGE RATINGS

13+



Facebook



Snapchat



Instagram



Twitter



TikTok



Kik



YouNow



Yubo



House Party



Monkey

16+



WhatsApp

17+



Sarahah



YOLO

18+



MeetMe



LiveMe



Why?

What negatives are kids exposed to online?

- Pranks
- Horror games
- Scary videos
- Pornography/nudity
- Adverts
- Behaviours - not all positive
- Bullying
- Unrealistic expectations
- Consumerism



03

Digital literacy

Teaching them how to use the tools.



What do we ALL need to do?

Teach Critical Thinking Skills: - [Common Sense Media](#)

Encourage children to question the credibility of online information by discussing the importance of verifying sources and fact-checking.

Promote Responsible Online Behavior: - [Safe Search Kids](#)

Emphasize the importance of treating others with respect and kindness in online interactions, including discussions about cyberbullying and its impact.

Engage in Open Communication: [Raising Children](#)

Foster an open and ongoing dialogue with children about their online experiences, interests, and concerns. Create a safe space for children to ask questions and seek guidance when encountering unfamiliar or uncomfortable situations online.

Set a Positive Example: [Smart Social](#)

Model responsible digital habits by demonstrating healthy screen-time behaviors and mindful internet use.

Empower with Digital Skills: [Be Internet Awesome \(Google\)](#)

Provide opportunities for children to develop practical digital skills, such as creating and managing passwords, navigating online privacy settings, and evaluating the security of websites.

04

Essential Agreements

Understanding and consistency is KEY!



Essential Agreements - Example



Co-constructed

Essential for buy-in.



Consequences

Clear, agreed upon natural and unnatural consequences - both positive and negative.



For Everyone

If parents need more tech time (for work etc.) it should be addressed, discussed and clarified.

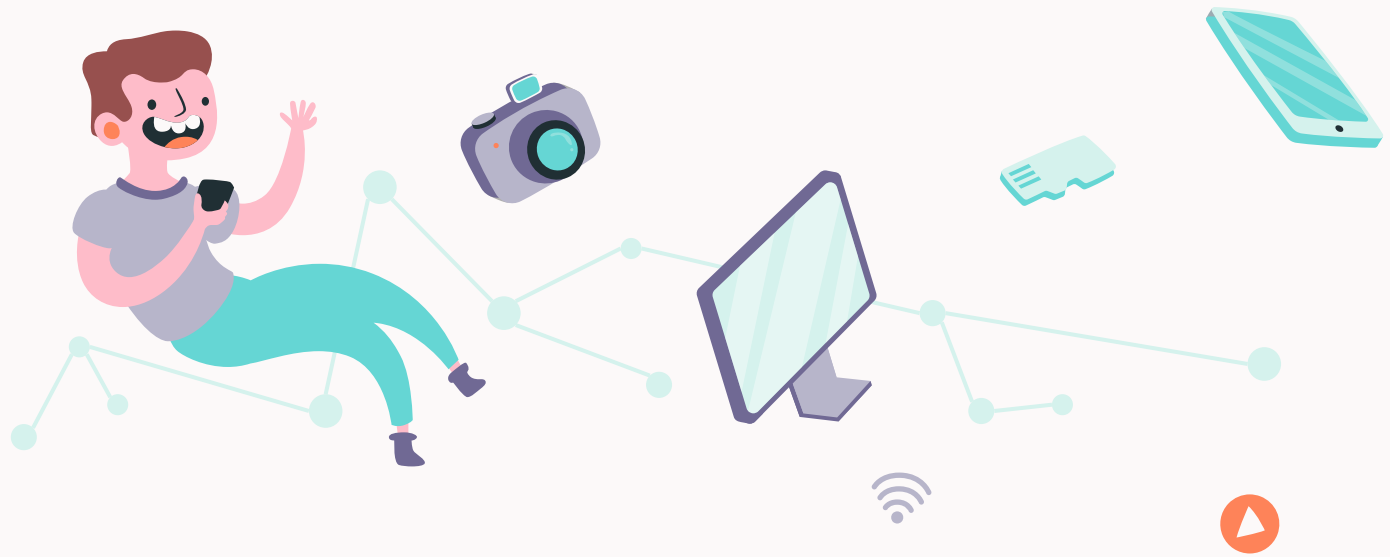


Reviewed

Will need to be reviewed and updated to meet your ever changing needs.



05

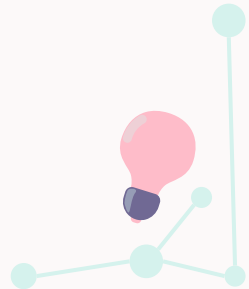


Parental Tools

What can YOU do?

Some options for Parental Controls

- How Kids beat Parental Controls
- Router Parental Controls - Going directly to the source
- Online Parental Controls - Google Family Link, Qustodio, Bark, Norton
- Common Sense Media - Helpful directory of games, tv shows, movies etc. with Expert, Parent and Kid reviews and age recommendations.
- YouTube Kids - safe alternative to YouTube.
- WhatsApp for Kids



06

Questions and Answers

We can all learn from each other.



07

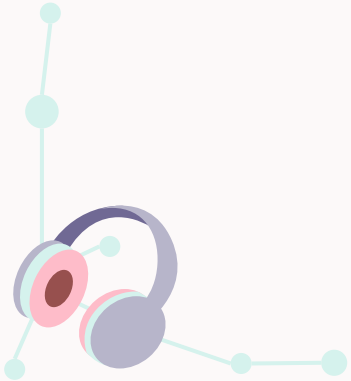
Conclusion

BIG Takeaways



Objectives Reminder

1. Deepen our understanding of online **Risks**
2. Improving our **Digital Literacy** by learning Parental Tools and Controls you can use.
3. Strategies for setting Boundaries/**Essential Agreements**
4. Share **Resources**



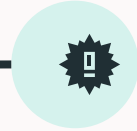
BIG Takeaways



Inform Yourself

4 things before you give them a phone! (Too late??)

[Family Tech](#)



This is a Journey

Meet them (and you) wherever you are NOW. This is more about TRUST than tech.



Go together

You can learn alongside them- building trust as you go.

